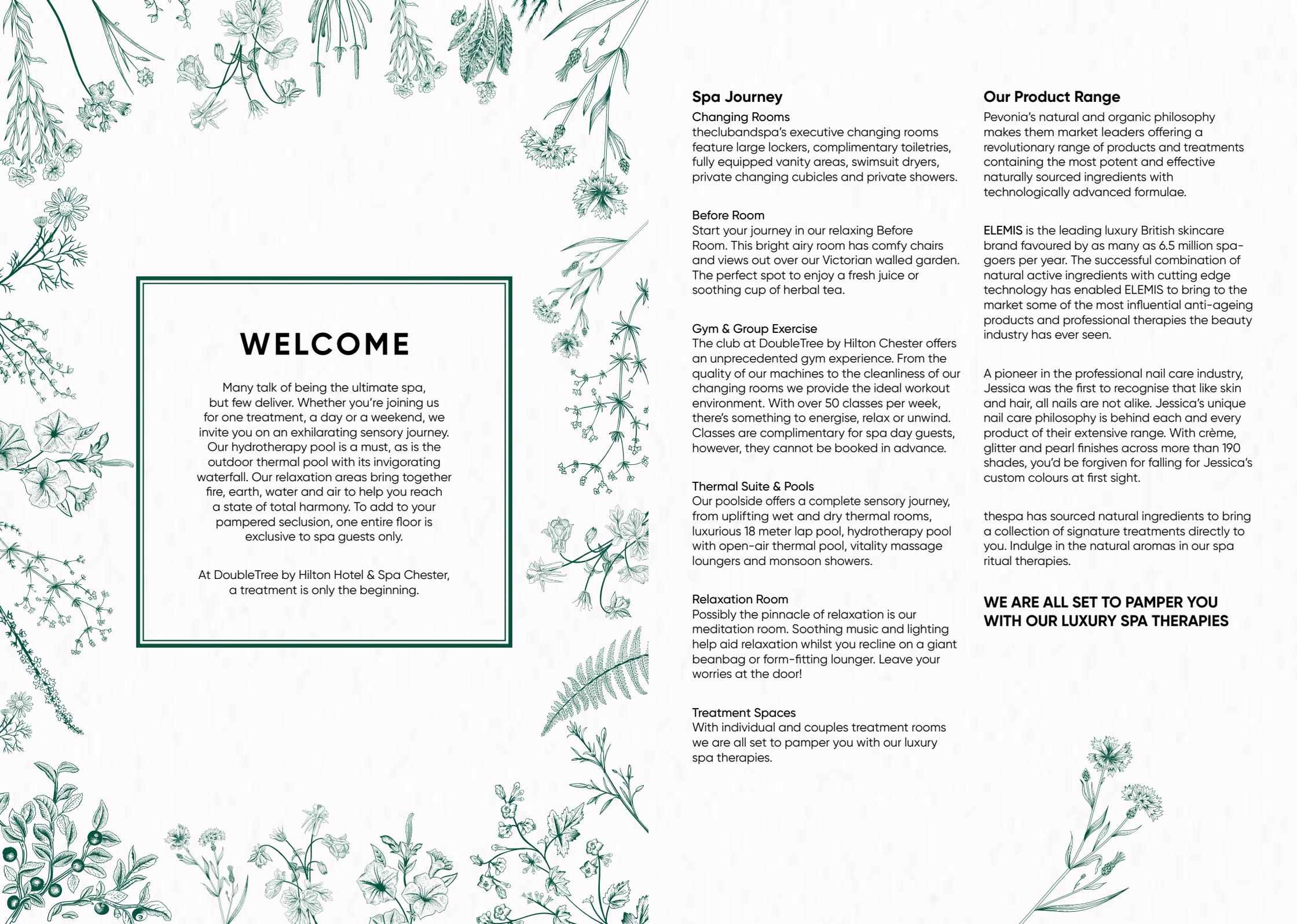


thespa

AT DOUBLETREE BY HILTON CHESTER

www.theclubandspachester.co.uk



WELCOME

Many talk of being the ultimate spa, but few deliver. Whether you're joining us for one treatment, a day or a weekend, we invite you on an exhilarating sensory journey. Our hydrotherapy pool is a must, as is the outdoor thermal pool with its invigorating waterfall. Our relaxation areas bring together fire, earth, water and air to help you reach a state of total harmony. To add to your pampered seclusion, one entire floor is exclusive to spa guests only.

At DoubleTree by Hilton Hotel & Spa Chester, a treatment is only the beginning.

Spa Journey

Changing Rooms

theclubandspa's executive changing rooms feature large lockers, complimentary toiletries, fully equipped vanity areas, swimsuit dryers, private changing cubicles and private showers.

Before Room

Start your journey in our relaxing Before Room. This bright airy room has comfy chairs and views out over our Victorian walled garden. The perfect spot to enjoy a fresh juice or soothing cup of herbal tea.

Gym & Group Exercise

The club at DoubleTree by Hilton Chester offers an unprecedented gym experience. From the quality of our machines to the cleanliness of our changing rooms we provide the ideal workout environment. With over 50 classes per week, there's something to energise, relax or unwind. Classes are complimentary for spa day guests, however, they cannot be booked in advance.

Thermal Suite & Pools

Our poolside offers a complete sensory journey, from uplifting wet and dry thermal rooms, luxurious 18 meter lap pool, hydrotherapy pool with open-air thermal pool, vitality massage loungers and monsoon showers.

Relaxation Room

Possibly the pinnacle of relaxation is our meditation room. Soothing music and lighting help aid relaxation whilst you recline on a giant beanbag or form-fitting lounger. Leave your worries at the door!

Treatment Spaces

With individual and couples treatment rooms we are all set to pamper you with our luxury spa therapies.

Our Product Range

Pevonia's natural and organic philosophy makes them market leaders offering a revolutionary range of products and treatments containing the most potent and effective naturally sourced ingredients with technologically advanced formulae.

ELEMIS is the leading luxury British skincare brand favoured by as many as 6.5 million spa-goers per year. The successful combination of natural active ingredients with cutting edge technology has enabled ELEMIS to bring to the market some of the most influential anti-ageing products and professional therapies the beauty industry has ever seen.

A pioneer in the professional nail care industry, Jessica was the first to recognise that like skin and hair, all nails are not alike. Jessica's unique nail care philosophy is behind each and every product of their extensive range. With crème, glitter and pearl finishes across more than 190 shades, you'd be forgiven for falling for Jessica's custom colours at first sight.

thespa has sourced natural ingredients to bring a collection of signature treatments directly to you. Indulge in the natural aromas in our spa ritual therapies.

WE ARE ALL SET TO PAMPER YOU WITH OUR LUXURY SPA THERAPIES

Express Spa Package

When time is of the essence, join us for our express package. Choose a morning or afternoon spa session and relax with your choice of back, neck & shoulder massage or express facial.

Monday - Friday / £70pp

Saturday & Sunday / £80pp

Morning Spa Retreat Package

Our most popular package! Enjoy a morning spa session and relax with your choice of treatment:

- Signature Full Body Massage
- Hot Stones Back of the Body Massage
- Elemis Superfood Facial
- Luxury Manicure
- Luxury Pedicure

Following your spa experience enjoy a 1-course lunch from our Spa Choice Menu served in the Garden Room.

Monday - Friday / £89pp

Saturday & Sunday / £99pp

Afternoon Spa Retreat Package

Enjoy an afternoon spa session and relax with your choice of treatment:

- Signature Full Body Massage
- Hot Stones Back of the Body Massage
- Elemis Superfood Facial
- Luxury Manicure
- Luxury Pedicure

Package also includes a 1-course meal from our Spa Choice Menu served in the Garden Room.

Monday - Friday / £89pp

Saturday & Sunday / £99pp

Twilight Retreat Evening Package

Available Monday-Friday from 17.00-21.00
Spend your evening in the most relaxing way! Enjoy evening use of our spa and leisure facilities and unwind with your choice of back, neck & shoulder massage or express facial.

Monday - Friday / £49pp

Luxury Spa Ritual Day Package

Enjoy a full day at the spa with both morning and afternoon Spa Sessions.

Relax with your choice of spa ritual treatment (55mins) and enjoy a 1-course lunch from our Spa Choice Menu and a glass of Prosecco served in the Garden Room

Monday -Friday / £109pp

Saturday & Sunday / £119pp

Ultimate Couples Spa Day Package

When luxury is calling. Enjoy a full day at the spa with both morning and afternoon Spa Sessions.

Cherish your time with a loved one and enjoy a side by side couples Signature Full Body massage and Elemis Intro Facial.

A 1-course lunch from our Spa Choice Menu and a glass of Prosecco served in the Garden Room are also included!

Monday - Sunday / £300 per couple

Morning Spa Session

9am until 1pm: Monday-Friday

9am until 2pm: Saturday-Sunday

Afternoon Spa Session

1pm until 5pm: Monday-Friday

2pm until 7pm: Saturday-Sunday

Twilight Spa Session

5pm until 9pm: Monday-Friday only

SPA PACKAGES

A spa day at Chester DoubleTree by Hilton is the ultimate in true serenity and relaxation. On arrival, you will be greeted and provided with a robe, towel and slippers along with a locker. You are then free to use all of the facilities of theclubandspa. From the moment you walk in until the moment you depart, we will ensure that your spa journey is a memorable one.



OVERNIGHT SPA BREAKS

Our overnight packages include everything for the perfect spa stay. For all of our Overnight Spa Breaks, we will provide you with upgraded ELEMIS toiletries, a luxurious bathrobe and slippers to enjoy use of our extensive Spa Facility. Each package includes a Morning OR Afternoon Spa Session and an overnight stay here at the Doubletree by Hilton Hotel & Spa Chester.

DoubleTree Spa Break

Take some time to unwind and relax with our DoubleTree Spa package. Our package includes - Morning OR Afternoon Spa Session, robes, towels and slippers, choice of back, neck & shoulder massage OR Elemis Intro Facial (25min), Overnight stay in a Double or Twin Room, 3-course dinner in the Garden Room and full English breakfast.

Sunday-Friday / £250 per couple

Saturday / £300 per couple

The Overnight Ritual Retreat

Gift yourself and your loved one a special treat and enjoy a pampering experience with our overnight Ritual Retreat package. Package Includes - Morning OR Afternoon Spa Session, robes, towels and slippers, choice of Spa Ritual Treatment (55min), overnight stay in a Double or Twin Room, 3-course dinner in the Garden Room and full English breakfast.

Sunday-Friday / £280 per couple

Saturday / £330 per couple

2Night Spa Break

The ultimate indulgent experience for Spa lovers, our blissful 2Night Spa Break package includes - Morning OR Afternoon Spa Session, robes, towels and slippers, choice of back, neck & shoulder massage OR Elemis Intro Facial (25min), 2 overnight stays in a Double or Twin Room, 3-course dinner on one night in the Garden Room and full English breakfast on both mornings.

Sunday- Thursday- £350 per couple

Friday- Saturday- £410 per couple

Rasul Mudroom Break

Relax and revitalise with our Rasul Mudroom Break. This self-care package includes - Morning OR Afternoon Spa Session, robes, towels and slippers, Rasul Mudroom Ritual (45min) overnight stay in a Double or Twin Room, pizza & a glass of wine in the Garden Room and full English breakfast.

Sunday- Friday- £190 per couple

Saturday- £225 per couple

Morning Spa Session

9am until 1pm: Monday-Friday

9am until 2pm: Saturday-Sunday

Afternoon Spa Session

1pm until 5pm: Monday-Friday

2pm until 7pm: Saturday-Sunday

Twilight Spa Session

5pm until 9pm: Monday-Friday only

Signature Back, Neck & Shoulder Massage

25min / Mon-Thurs £49 / Fri-Sun £55

Massage oils are selected to suit your mood and requirements. The treatment tackles muscular stress in the back, neck and shoulders.

Signature Full Body Massage

55min / Mon-Thurs £65 / Fri-Sun £70

Massage oils are selected to suit your mood and requirements; tackling muscular stress whilst the aromas enhance the experience of your full body massage.

Wavestone Massage

Back Massage

25min / Mon-Thurs £45 / Fri-Sun £50 55min

Full Body Massage

Mon-Thurs £70 / Fri-Sun £75

Hand carved from white jade, WaveStone will feel soothing on the skin and has the natural ability to conduct heat and cold whilst providing a deep massage. This treatment will improve the circulatory system to promote self-healing and aid relaxation.

Spa Rituals

55min / Mon-Thurs £65pp / Fri-Sun £70pp

Radiance

If you are looking for silky smooth and radiant skin this is the ritual for you. A complete body polish with a radiance facial for when you want to look and feel your best.

Rebalance

A relaxing scalp massage followed by a soothing foot treatment to gently exfoliate the feet and massage. This treatment will ensure you are relaxed and feel like you're walking on air! A refreshing full body polish followed by a relaxing back, neck and shoulder massage to soothe away tension.

Restore

A refreshing full body polish followed by a relaxing back, neck and shoulder massage to soothe away tension and leave you feeling fresh and calm.

Doubletree Signature Facial

45min / Mon-Sun £55

This facial treatment will be tailor-made for you. We understand all skin is different so following a consultation, cleanse and tone your therapist will select the range suited to your skin type and any concerns. This facial can rebalance, add moisture, firm fine lines and wrinkles or brighten your complexion.

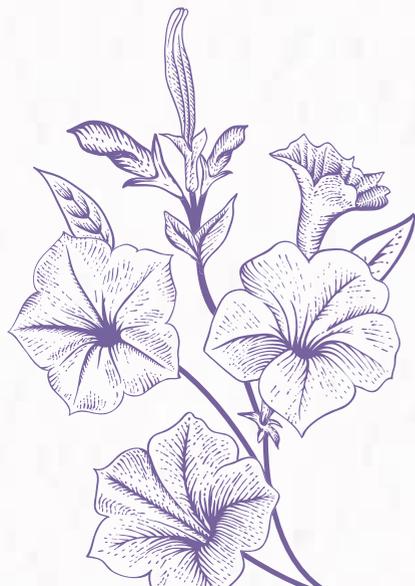
Hopi Ear Candles

50min / Mon-Sun £45pp

This natural therapy is a pleasant and non-invasive method of cleansing the ears. The candle creates a chimney effect which gently draws impurities to the surface easing the discomfort of sinuses and compacted wax whilst creating a sense of calm and relaxation.

SIGNATURE TREATMENTS

DoubleTree by Hilton Hotel & Spa Chester have carefully designed treatments to help relax, restore and rebalance. Our expert therapists are highly trained so relax, you're in good hands.





ELEMIS

Self-care is now more important than ever. Our ELEMIS treatments have been carefully selected with you in mind, offering care and wellness as we invite you to relax, re-balance and renew with our tailored treatments.

Intro Facial

30min / Mon-Thurs £45pp / Fri-Sun £50pp
An introduction to ELEMIS, express cleanse, tone, exfoliation with a moisture boost.

Superfood Pro-Radiance

60min / Mon-Thurs £70pp / Fri-Sun £75pp
A nutritional boost, rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven* to leave skin plumper, radiant and lit up with good health.

Dynamic Resurfacing Precision Peel

60min / Mon-Thurs £65pp / Fri-Sun £70pp
Clinically proven* to target the signs of ageing and uneven skin tone, this pioneering precision treatment uses layers of enzymes for powerful exfoliation and renewal. A new start for smoother, younger-looking skin.

Peptide 24/7 Skin Sync

60min / Mon-Thurs £70pp / Fri-Sun £75pp
Target tired skin with this radiance-restoring Peptide 24/7 facial. Powerful botanical formulations, exclusive to ELEMIS, are combined with specialist massage techniques to replenish skin with a well-rested glow.

Pro-Collagen Age Defy

60min / Mon-Thurs £70pp / Fri-Sun £75pp
Tackle fine lines and wrinkles with the clinically proven* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger-looking skin.

Pro-Definition Lift And Contour

60min / Mon-Thurs £75pp / Fri-Sun £80pp
Powered by breakthrough technology, this facial helps restore the architecture of the face using the potent nutrients in plant actives found to help support the extracellular matrix. This creates a profoundly sculpted, youthful effect.

Freestyle Deep Tissue Massage

30min / Mon-Sun / £50pp
60mins / Mon-Sun / £70pp
90min / Mon-Sun / £90pp
Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Deeper Than Deep Hot Stone Massage

30min / Mon-Sun / £55pp
60mins / Mon-Sun / £75pp
90min / Mon-Sun / £95pp
Balinese Stones bathed in Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the bonus of intensely hydrated skin.

Poultice Powered Muscle Release

60min / Mon-Sun / £70pp
Sore, aching muscles are worked away with this invigorating and deeply releasing treatment. Each area of tension is specifically targeted with the unique Amber and Quartz poultice to dissolve knots and ease tensions. Completed with a restorative facial massage, tension is dissolved.

Intensely Cleansing Salt Scrub

30min / Mon-Sun / £45pp
Lime and ginger or Frangipani fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

Body Nectar Frangipani Nourishing Wrap

60min / Mon-Sun / £70pp
The velvety texture of the Monoi Oil offers super hydration, quenching thirsty skin. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work.

Hot Mineral Body Boost

60min / Mon-Sun / £85pp
This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. Completed by a restorative facial massage, this is a revolutionary, mineraly-charged experience of skin conditioning, metabolic balancing and energising wellness.

Targeted Toning Tightener

30min £45pp / 90 mins £85pp / Mon-Sun
A powerful blend of massage and detoxifying clay targeted for toning on hips, thighs, abdomen and back of arms. Clinically proven to reduce the appearance of cellulite after just one treatment.
Please choose a 30 min localised area treatment: hips, thighs, abdomen, arms.



Essential Express Facial

25min / Mon-Thurs £40pp / Fri-Sun £42pp
A relaxing introduction facial, which includes cleansing, toning, exfoliating and moisturising to renew the fresh skin cells – ideal for pre-party preparation.

Essential Prescriptive Facial

60min / Mon-Thurs £65pp / Fri-Sun £70pp
Choose from Dry, Sensitive, Deep Cleansing and Aromatherapy. The Pevonia Botanical Range is used to cleanse, exfoliate, treat and protect your skin. Our expert therapists will tailor-make a facial to address your individual skin concerns.

Hydrating Plantomer

60min / Mon-Thurs £65pp / Fri-Sun £70pp
For sensitive, stressed, city skins. A healing and hydrating facial that is able to treat even the most sensitive of skin. Uncover the secret of beautiful skin and experience the best from nature's abundance. This cool, gentle mask treatment soothes, heals, strengthens and deeply hydrates, leaving skin tight, refreshed, vital and healthy. Excellent for eczema and psoriasis. Your skin will feel nourished, calmed and soothed.

Rs2 Rosacea Facial

60min / Mon-Thurs £65pp / Fri-Sun £70pp
This treatment is proven capable of delivering the exceptional results desired by those suffering from severe sensitivity, broken capillaries, rosacea and acne rosacea. Comforting and healing ingredients such as rose, green tea, chamomile and liquorice, combine to properly decongest and calm your skin for an even, healthy appearance.

Lumafirm® Lift & Glow

60min / Mon-Thurs £80pp / Fri-Sun £85pp
The Pevonia Lumafirm® Lift & Glow in-spa facial treatment renders your skin ultra-luminous with a firmer, tighter, brighter and more youthfully defined appearance. Exclusively formulated with the latest in freeze-dried technology, this remarkable treatment with cumulative benefits is ideal for any skin type showing signs of ageing, or works as the perfect instant repair boost when you want to look your absolute best.

Eye Treatments

Enhance any facial with your choice of eye treatment for just £30.

De-Stress Eye Treatment (Puffiness)

This refreshing eye treatment utilises Ginkgo Biloba to stimulate the lymphatic capillaries to drain excess fluid, thus reducing the appearance of puffiness. Vitamin C works in synergy as it lightens and brightens the eyes, alleviating dark circles. An effective, cooling and decongesting treatment.

De-Stress Eye Treatment (Wrinkles)

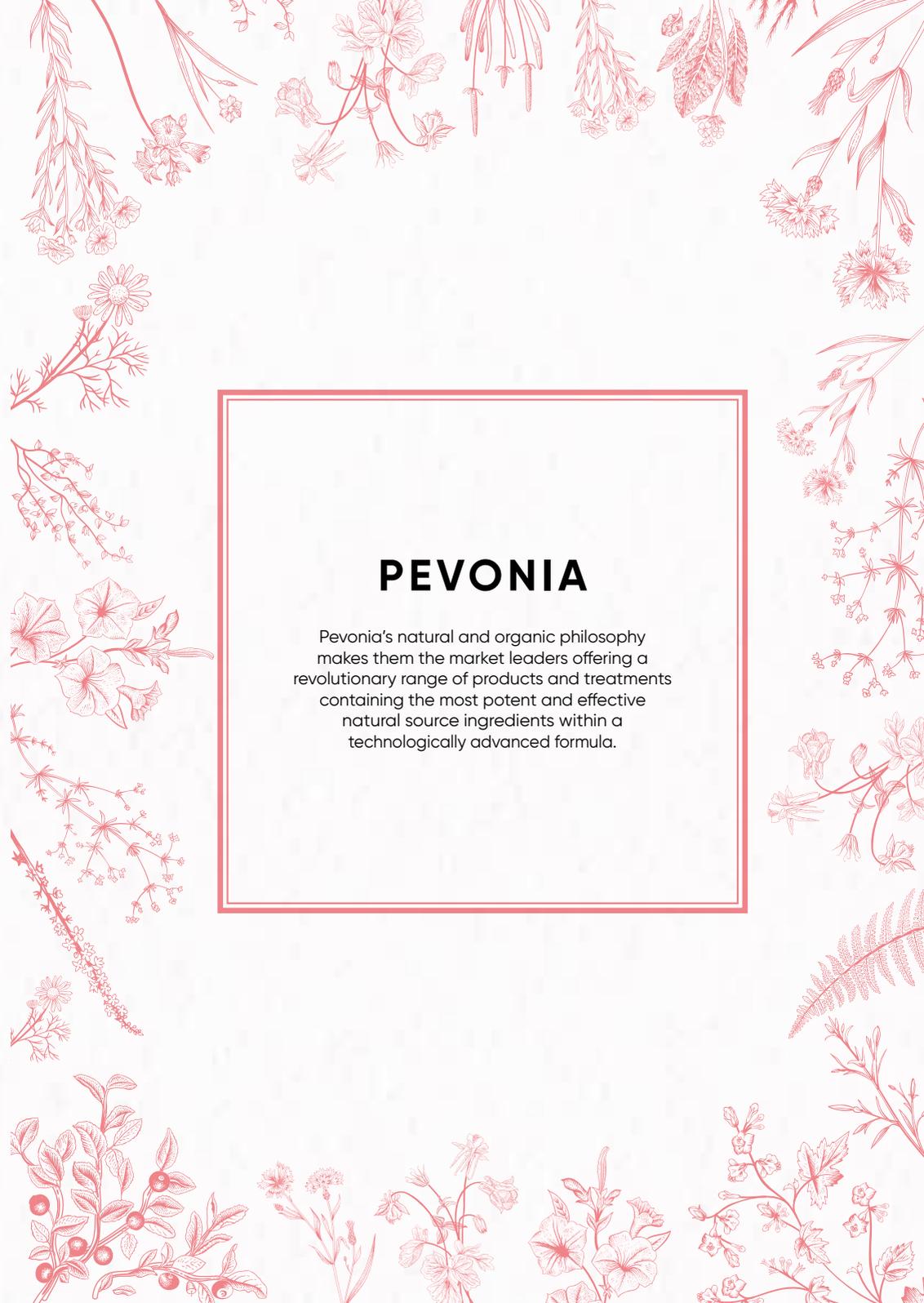
A Cryo-Collagen treatment with 100% pure freeze-dried collagen to repair the delicate eye contour. Intensely hydrates and plumps the skin, reducing the appearance of fine lines, wrinkles and crepiness.

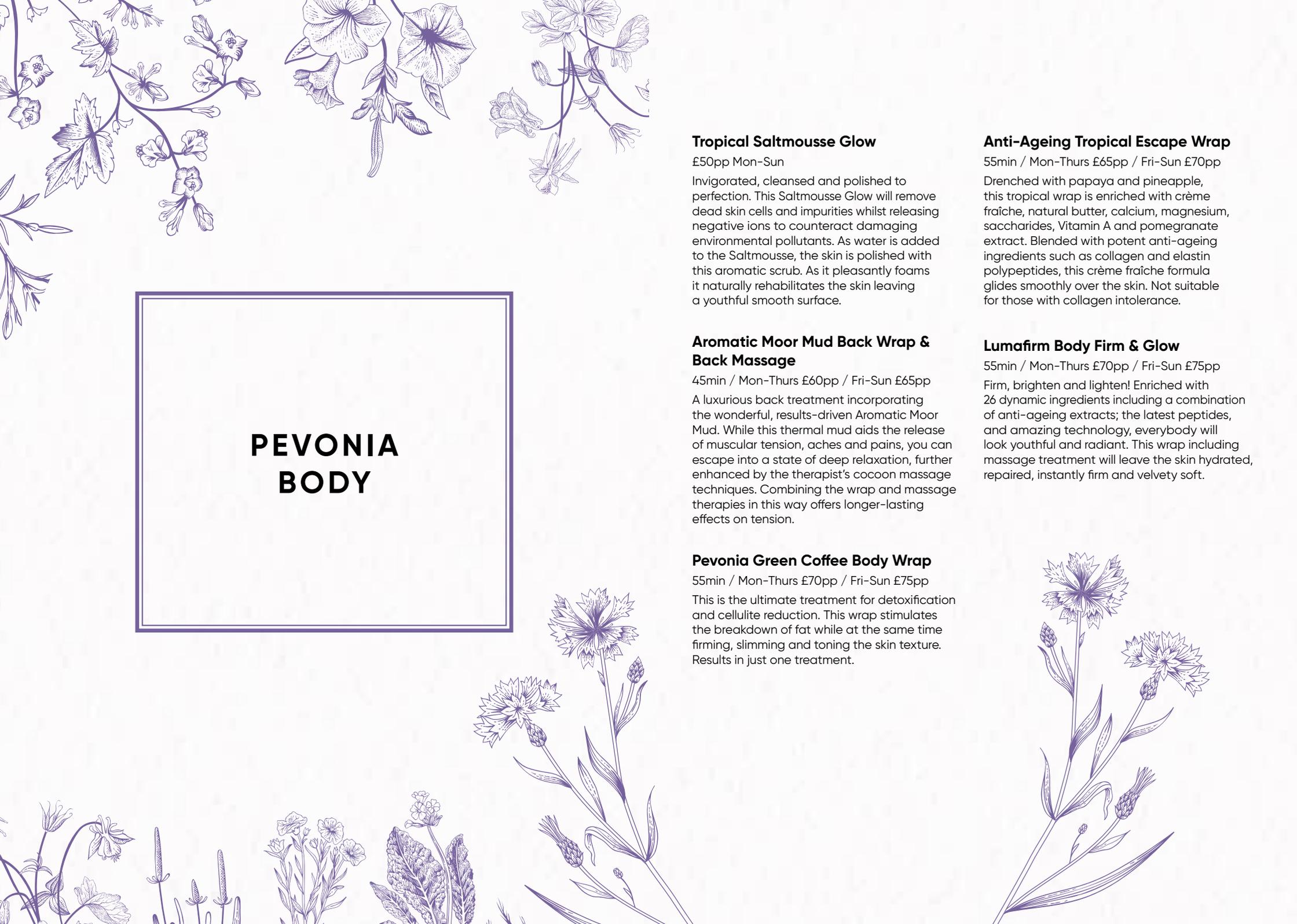
Lumafirm® Eye Upgrade

Formulated with an amazing lift action complex, this phenomenal treatment instantly repairs your delicate eye zone as it reduces puffiness and dark circles. An anti-ageing powerful trio of actives takes your eyes back in time with an immediate reduction in lines and wrinkles and a visibly brighter, smoother eye contour.

PEVONIA

Pevonia's natural and organic philosophy makes them the market leaders offering a revolutionary range of products and treatments containing the most potent and effective natural source ingredients within a technologically advanced formula.





PEVONIA BODY

Tropical Saltmousse Glow

£50pp Mon-Sun

Invigorated, cleansed and polished to perfection. This Saltmousse Glow will remove dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. As water is added to the Saltmousse, the skin is polished with this aromatic scrub. As it pleasantly foams it naturally rehabilitates the skin leaving a youthful smooth surface.

Aromatic Moor Mud Back Wrap & Back Massage

45min / Mon-Thurs £60pp / Fri-Sun £65pp

A luxurious back treatment incorporating the wonderful, results-driven Aromatic Moor Mud. While this thermal mud aids the release of muscular tension, aches and pains, you can escape into a state of deep relaxation, further enhanced by the therapist's cocoon massage techniques. Combining the wrap and massage therapies in this way offers longer-lasting effects on tension.

Pevonia Green Coffee Body Wrap

55min / Mon-Thurs £70pp / Fri-Sun £75pp

This is the ultimate treatment for detoxification and cellulite reduction. This wrap stimulates the breakdown of fat while at the same time firming, slimming and toning the skin texture. Results in just one treatment.

Anti-Ageing Tropical Escape Wrap

55min / Mon-Thurs £65pp / Fri-Sun £70pp

Drenched with papaya and pineapple, this tropical wrap is enriched with crème fraîche, natural butter, calcium, magnesium, saccharides, Vitamin A and pomegranate extract. Blended with potent anti-ageing ingredients such as collagen and elastin polypeptides, this crème fraîche formula glides smoothly over the skin. Not suitable for those with collagen intolerance.

Lumafirm Body Firm & Glow

55min / Mon-Thurs £70pp / Fri-Sun £75pp

Firm, brighten and lighten! Enriched with 26 dynamic ingredients including a combination of anti-ageing extracts; the latest peptides, and amazing technology, everybody will look youthful and radiant. This wrap including massage treatment will leave the skin hydrated, repaired, instantly firm and velvety soft.

Aromatic Moor Mud Back Wrap & Back Massage

45min / Mon-Thurs £60pp / Fri-Sun £65pp

A luxurious back treatment incorporating the wonderful, results-driven Aromatic Moor Mud. While this thermal mud aids the release of muscular tension, aches and pains, you can escape into a state of deep relaxation, further enhanced by the therapist's cocoon massage techniques. Combining the wrap and massage therapies in this way offers longer-lasting effects on tension.

Elemis High Performance Skin Energiser Facial

60min / Mon-Thurs £70pp / Fri-Sun £75pp

The hard-working facial for ageing, dehydrated skin and tired eyes. It maximises cell regeneration.

Skin Fit Facial By Pevonia

60min / Mon-Sun £70pp / £75pp

Formulated specifically for male skin. This treatment introduces the latest proven effective, anti-ageing discovery specifically formulated for men. The unique tri-phase treatment combines rejuvenating caviar and repairing freeze-dried Escutox™ to replenish the skin while counteracting the signs of ageing, razor burn, folliculitis and sensitivity.

Elemis Freestyle Deep Tissue Massage

30min / Mon-Sun / £50pp

60min / Mon-Sun / £70pp

90 min / Mon-Sun / £90pp

Your therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, relaxation or balance. The flowing massage works deeper into the tension, encouraging optimum circulation.

Elemis Deeper Than Deep Hot Stone Massage

30min / Mon-Sun / £55pp

60min / Mon-Sun / £75pp

95 min / Mon-Sun / £90pp

Balinese Stones bathed in the Frangipani Monoi Body Oil are worked deep into the muscles, getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin.

Gents Club Manicure

Mon-Sun / £35pp

Your hands are exfoliated to remove any dryness, before being massaged with treatment creams to soothe and ease. Cuticles are conditioned and groomed, and nails trimmed and perfectly shaped.

Gents Club Pedicure

Mon-Sun / £45pp

Your feet are softened and moisturised to help remove any dryness, before being massaged with treatment creams. Cuticles are conditioned and groomed, and nails trimmed and perfectly shaped.

MEN'S COLLECTION

Men's skin behaves differently to women's. Shaving, sports and lifestyle all make their own demands. We respond with high-performance face and body therapies designed to restore energy, dynamism and lustre to male skin.





NAIL COLLECTION

With crème, glitter and pearl finishes we're bound to have your perfect colour. Jessica is the pioneer of our time and adored by many celebrities. Our treatments will leave you with immaculate nails whilst treating your natural nail and skin.

Jessica File & Polish (Fingers Or Toes)

25min / Mon-Sun / £25pp

Nails are filed, cuticles are cared for and polish applied to your natural nails.

Prescriptive Manicure

45min / Mon-Sun / £35pp

Your nails will be analysed for their nail type. The manicure will include exfoliation, massage and cuticle care. Nails will be treated with a prescriptive basecoat before being perfectly polished.

Jessica Luxury Manicure

60min / Mon-Sun / £45pp

Your nails will be analysed and treated for their nail type. The manicure will include exfoliation, massage and cuticle care. Also includes a luxury hand treatment mask with thermal heated mitts for deeper penetration of the oils and creams. Nails will be beautifully shaped and treated with a prescriptive basecoat finishing with the perfect polish.

Upgrade to GELeration Polish for an additional £20.

Jessica Spa Pedicure

45min / Mon-Sun / £45pp

A luxury foot and leg treatment using aromatherapy based products for softer, smoother feet and legs. Hard skin is removed and legs and feet are massaged with deep conditioning creams. Cuticles and nails are groomed, then beautifully shaped and polished.

Deluxee Pedicure by Jessica

60min / Mon-Sun / £50pp

The Cadillac of pedicures, this luxurious leg and foot treatment pedicure brings the added benefit of thermal heated booties for deeper penetration of the oils and creams. Excellent for increasing circulation and relieving tired feet. Relax and enjoy a foot, ankle and leg massage as your therapist treats you to this wonderful pedicure treatment.

Upgrade to GELeration Polish for an additional £20.

Jessica GELeration Shape & Polish

45min / Mon-Sun / £40pp

Nails are filed, shaped and finished with Jessica's GELeration Polish.

Jessica GELeration Removal

30min / Mon-Sun / £15pp

Includes cuticle work, GELeration removal and file. Please advise thespa at the point of booking if you require gel removal.

ESSENTIALS

Let us enhance your natural beauty. Whether you are looking for a natural-looking tan, luscious lashes or silky smooth skin, our therapist will make you feel at ease whatever your essential.

MOTHER TO BE COLLECTION

These thoroughly researched and carefully formulated treatments have been designed to nurture and support a woman through the rich experience of each trimester.

Essentials

- Eyelash or Eyebrow Tinting 15min / £15pp
- Eyebrow and Lash Tinting 30min / £22pp
- A patch test is required 24hrs prior to tinting
- Eyebrow Shape / 15min / £15pp
- Half Leg Wax / 15min / £25pp
- Full Leg Wax / 30min / £35pp
- Classic Bikini Wax / 15min / £15pp
- High Bikini Wax / 15min / £25pp
- Underarm / 15min / £15pp
- Forearm / 15min / £15pp
- Lip or Chin / 15min / £10pp
- Gents Waxing (back or chest) 30min / £25pp

St Tropez Spray Tan

Mon-Thurs £22pp / Fri- Sun £25pp

A bronzed glow all year round! St Tropez spray tanning applied by a professional offers a UV free, natural-looking tan. Choose from Classic, Dark or Express. Pre and post advice is needed before you book.

Elemis Peaceful Pregnancy Massage

75min / Mon-Thurs £85pp / Fri-Sun £95pp

Performed on a pear-shaped beanbag that moulds to every bump. Mothers to be are restored to optimum wellness. An intuitive and relaxing massage hydrates skin that is expanding to accommodate a growing baby.

Elemis Peaceful Pregnancy Massage & Facial

135min / Mon-Sun / £130pp

As above and including an ELEMIS Facial.

Pevonia Time For Mum

90min / Mon-Sun / £115pp

This treatment is exclusively designed by Pevonia to safely care for mothers to be. This treatment includes a signature massage with a Hydrating Plantomer Facial which is gentle on even the most sensitive of skin, along with a hand and foot treatment to relax and pamper.

Other treatments suitable during pregnancy

We also offer a wide range of facials, manicures and pedicures during this special time. Please speak to one of our spa experts who can advise what treatments will suit your needs.



SPA ETIQUETTE

Treatment Times

thespa treatment hours:

10am until 8pm: Monday-Friday

10am until 6.30pm: Saturday-Sunday

Off-peak: Monday-Thursday

Peak: Friday-Sunday

Booking Process

thespa can get very busy, so please give as much notice as possible when scheduling your spa days or treatments with us. Our spa reservation team will assist you in planning your spa day.

Please call on **01244 40 88 40** or email **spa@theclubandspachester.com**. Bookings are essential for all spa day packages and treatments. All treatments are subject to availability.

Advisory Medical Information

thespa at Chester DoubleTree is an adult facility for persons aged 16 and over. In order for us to advise you on the correct treatments, please inform us of any pre-existing medical conditions that may affect your treatment options at the time of booking. We advise that the heat and hydrotherapy experiences cannot be used by guests who are pregnant or under the medical supervision of any kind.

Arrival Time

To ensure you receive your full treatment benefits, please arrive at thespa reception at least 15 minutes early to check-in prior to your appointment. Due to our strict booking system, in the event that you may turn up late for your treatment, we will only be able to offer the remaining treatment time, but may still charge the full price of the treatments. Please hand in any vouchers that are being used for payment at the time of arrival.

Due to unforeseen circumstances, appointment times may change. We will endeavour to notify you before arrival to advise of any changes and offer an alternative time or service.

Gift Vouchers

Our team will be delighted to assist you in purchasing the perfect gift. Spa gift vouchers can be ordered in person or via the website. Gift vouchers are valid for six months from the date of purchase. They are non-refundable and non-transferable. Lost or stolen vouchers cannot be replaced. Vouchers are redeemable against any spa package, treatment or product and cannot be extended or exchanged for cash.

How To Spa

We recommend that you bring two swimsuits and money to buy drinks and any additional products you may like to purchase.

Spa Treatment Information

All treatments are inclusive of consultation and aftercare. We have male and female therapists in the team, if you have a preference please advise us at the time of booking.

Lost Property

All lost property found on the premises should be handed in at Reception. Items will be stored for three months. If they are not collected within this time they will be donated to local charities. Liquids, under garments and hairbrushes, are kept for 24 hours only. Please bring as few valuables as possible. theclubandspa are not liable for any loss or damage to any personal items.

Cancellation Policy:

For all-day spa bookings a valid credit/debit card number will be required at the time of booking to guarantee the reservation until full payment has been taken. For groups of 4 or more full payment will need to be made at least 5 days prior to the date of your booking.

Please allow 24 hours notice for cancellation or rescheduling of treatments to avoid a fee of 100% of your service. Failure to arrive will result in a 100% charge. Additionally, we require 48 hours notice to cancel an overnight break or spa day experience to avoid a 100% charge.

Spa Tranquillity

thespa is designed to be calm, quiet and relaxing and for this reason, the use of mobile phones is prohibited. We also ask that you respect other spa users by speaking quietly whilst in our relaxation areas. Any rowdy or loud behaviour in any area of thespa may result in you being asked to vacate the premises. thespa is an adult only environment and open only to persons aged 16 and over. Under no circumstances are thespa guests permitted to bring alcohol into thespa.

Parking And Access

There is complimentary parking for spa guests in the grounds.

Gratuity

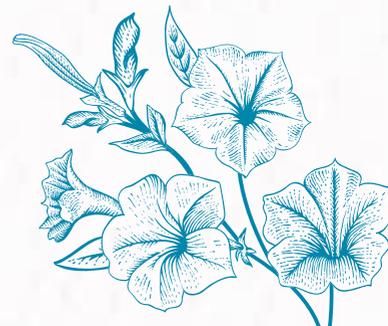
Service charge is not included in your treatments, the best compliment you could give to your therapist is a gratuity, it is customary to give 10% if happy with your treatment.

Spa Pool

Please be advised we hold an aqua aerobics class in the pool, please enquire about times with Reception.

The management reserves the right to close any area of thespa without prior notice for essential maintenance.

SIT BACK, RELAX AND ENJOY YOUR DAY.





thespa

AT DOUBLETREE BY HILTON CHESTER

www.theclubandspachester.co.uk

theclubandspa at DoubleTree by Hilton, Warrington Road, Chester, CH2 3PD